God’s Creation

Reminder
Before you begin this week, remind yourself of the following.

- A Framework for Prayer.
- Prayer Review.
- Prayer Repetition.

The Week’s Grace
I desire awe and gratitude for God’s creation—including myself.

Daily Exercises

Day 1    Meet with your Spiritual Director.


Day 3    Psalm 8. The dignity of the human person.
          Psalm 104. God greatness of God the creator.

Day 4    Do a Prayer Repetition¹ of the previous two days. Your journaled review² will guide you.
          Make notes to prepare for Spiritual Direction.

Day 5    John 1:1-5. I was created by the word of God.
          Jeremiah 18:1-6. I am like clay in the potter’s hands.

Day 6    Ephesians 2:10³. We are created in Christ for good works.
          2 Corinthians 5:17. I am a new creation in Christ.

¹. This is not repeating the exercise of the previous two days. See the document named "Prayer Repetition" for details.
². See the document name "Prayer Review".
³. The Greek word used for workmanship in Ephesians 2:10 is poiema. It is the Greek word we get our English word poem from. You are God’s poem.
Day 7  Do a Prayer Repetition of the previous two days. Your journaled review will guide you.

Make notes to prepare for Spiritual Direction.

Additional Exercises

*Genesis 1:1-31.* God creates everything that exists.

*Psalm 19:1-4.* The works of God.

*Psalm 139:13-16.* God formed me in my mother’s womb.

*Romans 8:18-25.* The creation is waiting for God’s children to look after it.

*2 Corinthians 5:17.* I am a new creation in Christ.
God’s Love and Care for Me: Part 1

The Week’s Grace
I desire a confident assurance of God’s love and care for me.

Daily Exercises

Day 1  Meet with your Spiritual Director.


Day 3  *Psalm 23.* I shall not want.

Day 4  Do a Prayer Repetition\(^1\) of the previous two days. Your journaled review\(^2\) will guide you.

Make notes to prepare for Spiritual Direction.

Day 5  *Isaiah 49:13-16.* I will never forget you, you’re engraved on the palm of my hand.

Day 6  *Hosea 11:1-4.* God’s love for Israel.

Day 7  Do a Prayer Repetition of previous of the two days. Your journaled review will guide you.

Make notes to prepare for Spiritual Direction.

Additional Exercises

*Matthew 28:20.* I am with you always, even to the end of the age.

*Deuteronomy 31:6.* I will never leave you nor forsake you.

*Psalm 139:1-12.* God knows me and is with me.

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1. This is not repeating the exercise of the previous two days. See the document named "Prayer Repetition" for details.
2. See the document name "Prayer Review".